

Jo



“I really like working in the children’s nursery”

Jo

We have been supporting Jo to live independently since 2011. Jo had lived in her own home in the community before but the placement failed because the right support was not in place to enable her to develop the skills to live independently.

Now Jo uses technology to support her to live with greater independence, control and freedom. She uses key-fob entry on doors which gives her easy access as well as safety and privacy in her home. She also has a pendant she can press to call for assistance from her support team. We listened to Jo to find out the activities she would like to do and the skills she would like to develop.

One of her aspirations was to work with children and we supported Jo to turn this into a reality. Jo's support team worked with her to find a local nursery where she could work. They supported her so Jo was equipped with some of the right skills to work within this setting.

Jo now does voluntary work at a nursery every Friday. She is a valued member of the nursery's staff team and carries out a range of duties. Jo says: "I feel like I know what I'm doing and I'm not shy anymore. I'm getting better at being able to do activities with the children."

Following her success at working in the nursery, Jo also found a job working one morning a week as a volunteer in a charity shop, which she also really enjoys. She still has time for a range of leisure activities, including attending disco and karaoke sessions, meeting up with family and friends, including her niece, and looking after her pet rabbit.

Mandy, Team Leader, explains: "Jo is becoming more and more independent, as her confidence grows – for example, previously Jo and her support team were carrying out Jo's household chores together, but she wanted to do the tasks on her own.

"We supported her to put together a suggested cleaning rota of which jobs she could do on each day, and now Jo does everything herself following the rota."



"Jo is a very happy person, always smiling and she has really grown in confidence and independence in the past year, which is great to see. She loves her work, going out and about, her singing and dancing, her pet rabbit and her new niece – she is absolutely delighted to be an Aunt"

Mandy, Team Leader